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## SENIOR RESIDENT ASSISTANCE PROGRAMS

Ten Eyck Apartments, Schonowee Village Apartments and Lincoln Heights Apartments all participate in the programs listed in this brochure. Each of the developments are federally subsidized public housing for elderly adults 62 years of age or older, disabled or handicapped adults. All are within walking distance of downtown Schenectady and several bus routes. Transportation is available weekly by bus to Price Chopper and

Hannaford. A Community Room is available for Resident Association functions. Inside this brochure you will find information on the Senior Resident Assistance Programs available at Schenectady Municipal Housing Authority. If you require more information about any of these programs, please call the telephone numbers listed under the program name.

Schenectady Municipal Housing  
Authority  
375 Broadway  
Schenectady, New York 12305

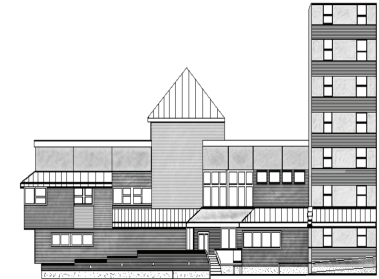
Telephone: 518-386-7000  
Fax: 518-372-7393

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## Schenectady Municipal Housing Authority

## SENIOR RESIDENT ASSISTANCE PROGRAMS

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Schenectady Municipal  
Housing Authority  
375 Broadway  
Schenectady, New York 12305

Telephone: 518-386-7000  
Fax: 518-372-3683

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## SENIOR RESIDENT ASSISTANCE PROGRAMS

### SCHENECTADY MUNICIPAL HOUSING AUTHORITY

SENIOR INDEPENDENCE PROGRAM	SERVICES UNLIMITED PROGRAM	NUTRITION PROGRAM FOR THE ELDERLY
PHONE #: 518-386-7026	518-386-7027	518-374-5511
COORDINATOR: Kelly Horton, P.H.M.	Beverly Nichols	Melissa Vrooman
STAFF: 1 housekeeper 1 driver Caterer	none	Senior Aides SJTA Workers (varies)
ACTIVITIES: Case Management & Needs Assessment Laundry Transportation to and from Appointments Housekeeping Social & Emotional Support Weekend Hot Nutritious Noon Meal Grocery Shopping	General Case Management Assistance Completing Applications for various Community Agencies Work as your Advocate with Personnel and Social Programs: Assisting Resident Association	Open Weekdays 9am-2pm Transportation to Meal Center and special events Special Events: dining out, speakers, educational parties, nutrition counseling, referrals as needed Breakfast Bar 9am-11am BINGO
ELIGIBILITY: Must be Resident of Schonowee Village, Ten Eyck or Lincoln Heights	Elderly/Disabled Resident of SMHA	60 years of age or older, or any age disabled resident of the Ten Eyck Registration is Required
FEE: \$70.00 per month	No Fee	Suggested Donation \$3.00 Under 60 non-resident \$5.00
OBJECTIVES: To prevent premature institutionalization of elderly or disabled residents	To allow individuals to "age in place", and to live independently	To provide hot nutritious meals to residents in a social setting and to promote good health
PROGRAM LIMITS: 40 Residents	Unlimited	240
CURRENT: 34	500	62

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